Bethany is from Oshkosh, Wisconsin. She attended UW Oshkosh as an undergraduate, before going on to Germany to teach English as a Fulbright scholar and later to Scotland as a Rotary Ambassadorial Scholar, where she studied for a Masters in International Relations. Jobs she has held since include: cleaning lady, dog walker, and writer; university lecturer of American Studies in Germany, volunteer English teacher in Palestine, and Military Advisor in Afghanistan. She is fluent in German, fond of animals, and back in graduate school at Oshkosh to become a Clinical Mental Health Therapist when she grows up.